



GT Gold Corporate Update

VANCOUVER, British Columbia, February 12, 2020 (GLOBE NEWSWIRE) -- **GT Gold Corp.** (TSX-V:GTT) (the "Company" or "GT Gold") announces, pursuant to the Company's stock option plan, the granting effective February 10, 2020, of 1,119,384 stock options to management, directors, and consultants to the Company at an exercise price of \$1.35 per option, and valid for a period of five years from the date of grant. The options vest in three equal tranches as follows: one-third at one year from the date of grant, an additional third at two years from the date of grant, and the final third three years from the date of grant.

About GT Gold Corp

GT Gold is focused on exploring for base and precious metals in the geologically fertile terrain of British Columbia's renowned Golden Triangle. The Company's flagship asset is the wholly-owned, 46,827 hectare Tatogga property, located near Iskut, BC, upon which it achieved two significant discoveries in 2017 and 2018 at its Saddle prospect: a near surface bulk-tonnage and potential deep high-grade underground-style epithermal gold-silver vein system at Saddle South and, close by at Saddle North, a large-scale, richly mineralized porphyry gold-copper-silver intrusion.

For further information, please contact:

GT Gold Corp.

Paul Harbidge
President and Chief Executive Officer
Tel: (647) 256-6752

Website: www.gtgoldcorp.ca

GT Gold Corp.

Shawn Campbell
Chief Financial Officer
Tel: (604) 417-2766

Email: info@gtgoldcorp.ca

Cautionary Statement Regarding Forward Looking Statements

This news release contains forward-looking statements and forward-looking information (together, "forward-looking statements") within the meaning of applicable securities laws. All statements, other than statements of historical facts, are forward-looking statements. Generally, forward-looking statements can be identified by the use of terminology such as "plans", "expects", "estimates", "intends", "anticipates", "believes" or variations of such words, or statements that certain actions, events or results "may", "could", "would", "might", "will be taken", "occur" or "be achieved". Forward looking statements involve risks, uncertainties and other factors disclosed under the heading "Risk Factors" and elsewhere in the Company's filings with Canadian securities regulators, that could cause actual results, performance, prospects and opportunities to differ materially from those expressed or implied by such forward-looking statements. Although the Company believes that the assumptions and factors used in preparing these forward-looking statements are reasonable based upon the information currently available to management as of the date hereof, actual results and developments may differ materially from those contemplated by these statements. Readers are therefore cautioned not to place undue reliance on these statements, which only apply as of the date of this news release, and no assurance can be given that such events will occur in the disclosed times frames or at all. Except where required by applicable law, the Company disclaims any intention or obligation to update or revise any forward-looking statement, whether as a result of new information, future events or otherwise. Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.